

IMPORTANT PLEASE READ

The physicians at the Alamo Medical Clinic have tailored their practice to Adult Family Medicine, so an underlying diagnosis and condition will be referred to the appropriate specialist or entities.

All female patients will be required to have a primary gynecologist for their yearly Pap smear/pelvic and mammograms/breast exams. These examinations are not done by the physicians at the Alamo Medical Clinic. The clinic staff will help in any insurance referral or requirements needed.

Important, please initial after reading and understanding each (4) items.

1. **Initials:** _____ Physicians at the Alamo Medical Clinic **will not prescribe** long-term daily use of **sedatives and sleep medications** such as **Valium, Xanax, Ativan, Halcion, Ambien, Lunesta, Temazepam, Restoril**, etc.
2. **Initials:** _____ Long-term **pain medications** required on a daily basis **will not be prescribed** by the physicians at the Alamo Medical Clinic. These medications have such common names as **Lortab, Tylenol No. 3 and No. 4, Percocet, Vicodin, Darvocet, Morphine, Oxycontin, Demerol, Methadone, Fiorinal, Esgic**, etc.
3. **Initials:** _____ The physicians at the Alamo Medical Clinic **will not prescribe** any type of **diet or appetite suppressants** that require a prescription, e.g. **Redux, Fastin, Pondimin**, etc.

We understand that certain medical issues or conditions may necessitate the use of some of these medications. Physicians at the Alamo Medical Clinic will, if needed, prescribe on a short-term basis only those medications necessary. If it becomes necessary to take on a daily basis or longer term, then you will be referred to the appropriate specialist and specialist care.

Patient Signature

Date